

# THE PART-TIME COUNSELLOR: Counselling Skills for Non-Counsellors



australian  
childhood  
trauma  
group

**Speaker: Nick Grainger**

**20 June, 2012**

**WORKSHOP**



**FULL DAY**

**Date**  
20/06/2012

**Time**  
Registration: 9.30am  
Seminar: 10am - 4pm

**Location**  
Edgar Lynch Training & Meeting Rooms  
3 St David Street, Fitzroy, Australia 3065

**Cost**  
Workers: \$195+GST  
Carers / Full-time Students: \$180+GST

You've got their attention, in the chair / corridor / car but what do you say next? This seminar will explore how to respond to children, young people and adults in a way that expands on the healing relationship that you have begun with them. Strong counselling skills also require you to have an excellent awareness of your own communication effectiveness. This seminar will ensure that you know what to say, when to say it, how to say it... and when to say nothing at all.

#### **Seminar Objectives:**

- To explore context-specific counselling techniques
- To identify strategies for engaging children, young people and adults in counselling conversations
- To understand the ethical considerations of counselling practice
- To explore a range of communication techniques relevant in counselling engagements
- To understand the importance of your own communication methods
- To understand the basis of a healing conversation
- To identify important moments and how to deal with them
- To explore useful responses in difficult conversations

#### **Suitable Audience:**

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals



Nick Grainger has a 10 year background of working with children, young people and families within the out of home care sector. Nick has considerable experience working with vulnerable and high-risk young people in residential and educational settings and is recognised for his calm and compassionate approach. Nick has a particular interest in the educating and skilling of people and has continued to work in the education sector as a facilitator and directly with schools regarding the effects of trauma. Nick also has extensive management experience in the not-for-profit sector, overseeing re-structuring of residential care, adolescent community placement and lead tenant programs.

**REGISTER  
NOW**  
**click here**

#### **ENQUIRIES**

e [info@theactgroup.com.au](mailto:info@theactgroup.com.au) t 9415 6066 m 0419 853 888



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**VENUE**

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Fitzroy 3065

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Refreshments, morning tea,  
lunch & notes provided

**PAYMENT OPTIONS**

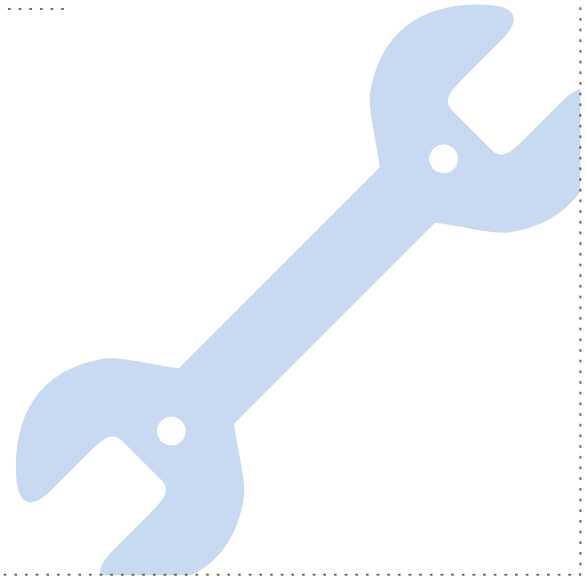
- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to:  
"Australian Childhood Trauma Group"  
BSB: 083 218 Account: 519 963 647
- Credit Card/ EFTPOS available on the day

**Please provide remittance**

**RSVP**

By 13 June 2012. Please send the required information in an email (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, 13 June 2012.

**Places are limited so please book early to avoid missing out!**



**Print this form for manual registration**

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

(Please provide billing contact details if different from agency details provided above)

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email upon receipt of payment
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

**Seminar Enquiries and Registrations to:**  
info@theactgroup.com.au  
PO Box 236, Fitzroy 3065  
t 9415 6066 f 9415 6085 m 0419 853 888



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