

CALMER CLASSROOMS PLUS



australian
childhood
trauma
group

Speaker: Gregory Nicolau

23 March 2012

WORKSHOP



FULL DAY

Date
23/03/2012

Time
Registration: 9.30am
Workshop: 10am - 4pm

Location
Edgar Lynch Training & Meeting Rooms
3 St David Street, Fitzroy, Australia 3065

Cost
Workers: \$195+GST
Carers / Full-time Students: \$180+GST

For children and young people who have experienced trauma, or exhibit dysregulated behaviour - classrooms and playgrounds can be like a 'war zone' with daily experiences of hyper vigilance and unmanageable stress - it does not have to be this way! Such children and young people can thrive within school communities when adults learn to be responsive to their needs rather than reacting to their behaviours.

Workshop Objectives:

- To understand the impact of trauma on our psychological, physiological and spiritual beings
- To develop an ability to read the 'signs' of trauma
- To develop strategies inside and outside the classroom to help such children to feel safe and to learn
- To reflect on how healthy attachments are impacted by trauma
- To explore what to do and when to do it and develop strategies to ease the impact of trauma
- To learn about 'self care' when in the presence of a dysregulated child

Suitable Audience:

- Teachers
- Principals
- Classroom aide
- Student welfare / wellbeing professionals
- Education students

**REGISTER
NOW**
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Gregory Nicolau is the company Director and Consultant Psychologist of Australian Childhood Trauma Group. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He has an exceptional reputation dealing with complex cases and situations in a compassionate and focused manner. He's transparent in dealing with staff and organisations and able to challenge when appropriate. He enjoys supporting people to deliver the best outcomes for infants, children and young people and is an experienced trainer, facilitator and case supervisor. Gregory is also founder and chair of Random Acts of Kindness.

ENQUIRIES

e info@theactgroup.com.au t 9415 6066 m 0419 853 888

edgar
lynch
TRAINING
& MEETING
ROOMS





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Refreshments, morning tea,
lunch & notes provided

PAYMENT OPTIONS

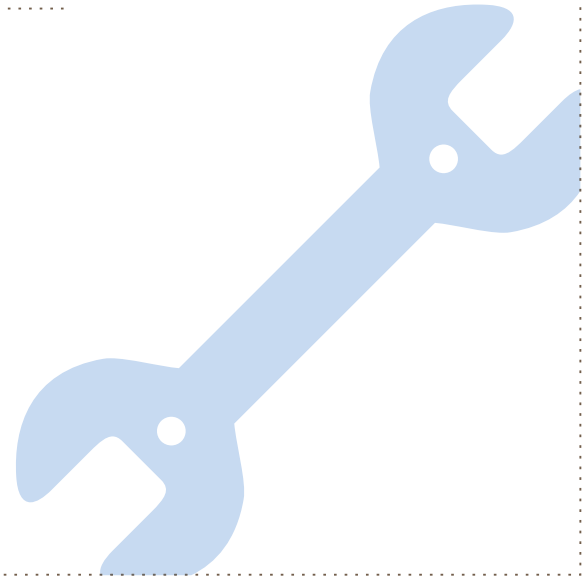
- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group" BSB: 083 218 Account: 519 963 647
- Credit Card/ EFTPOS available on the day

Please provide remittance

RSVP

By 16 March 2012. Please send the required information in an email (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, 16 March 2012.

Places are limited so please book early to avoid missing out!



Print this form for manual registration

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

(Please provide billing contact details if different from agency details provided above)

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email upon receipt of payment
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

Seminar Enquiries and Registrations to:
info@theactgroup.com.au
PO Box 236, Fitzroy 3065
t 9415 6066 f 9415 6085 m 0419 853 888



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