

# MAD, BAD OR SAD? Foundation Training



australian  
childhood  
trauma  
group

Speaker: Gregory Nicolau

27 April 2012

SEMINAR



FULL DAY

**Date**  
27/04/2012

**Time**  
Registration: 9.30am  
Seminar: 10am - 4pm

**Location**  
Edgar Lynch Training & Meeting Rooms  
3 St David Street, Fitzroy, Australia 3065

**Cost**  
Workers: \$195+GST  
Carers / Full-time Students: \$180+GST

It's conclusive – trauma caused by abuse 'changes the brain' in ways that impact a child's ability to be the 'boss of their feelings' or to form strong and enduring relationships.

#### Seminar Objectives:

- To understand the impact of trauma on our psychological, physiological and spiritual being
- To develop an ability to read the 'signs' of trauma
- To reflect on the ways in which healthy attachments are impacted by trauma
- To explore what to do and when to do it or develop strategies to ease the impact of trauma
- To reflect upon approaches to healthier attachments
- To learn about 'self care' when in the presence of a child's expressed or repressed distress

#### Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals



Gregory Nicolau is the company Director and Consultant Psychologist of Australian Childhood Trauma Group. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He has an exceptional reputation dealing with complex cases and situations in a compassionate and focused manner. He's transparent in dealing with staff and organisations and able to challenge when appropriate. He enjoys supporting people to deliver the best outcomes for infants, children and young people and is an experienced trainer, facilitator and case supervisor. Gregory is also founder and chair of Random Acts of Kindness.

**REGISTER  
NOW**  
**click here**

#### ENQUIRIES

e [info@theactgroup.com.au](mailto:info@theactgroup.com.au) t 9415 6066 m 0419 853 888

edgar  
lynch  
TRAINING  
& MEETING  
ROOMS



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Fitzroy 3065

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Workers: \$195+GST  
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Refreshments, morning tea,  
lunch & notes provided

**PAYMENT OPTIONS**

- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to:  
"Australian Childhood Trauma Group"  
BSB: 083 218 Account: 519 963 647
- Credit Card/ EFTPOS available on the day

**Please provide remittance**

**RSVP**

By 20 April 2012. Please send the required information in an email (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, 20 April 2012.

**Places are limited so please book early to avoid missing out!**



**Print this form for manual registration**

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

(Please provide billing contact details if different from agency details provided above)

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email upon receipt of payment
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

**Seminar Enquiries and Registrations to:**  
info@theactgroup.com.au  
PO Box 236, Fitzroy 3065  
t 9415 6066 f 9415 6085 m 0419 853 888



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