



australian
childhood
trauma
group



introduction to
practice
*rhythm*TM
the wisdom of care

Speaker:
Gregory Nicolau and Nick Grainger

Wednesday, 29 February 2012
10am -12pm

Venue
Edgar Lynch Training & Meeting Rooms
3 St David Street, Fitzroy 3065

Free information seminar for program managers, team leaders and coordinators in residential care, foster care, kinship care, adolescent community placement, lead tenant and permanent care programs.

This seminar will introduce the philosophy of Practice RHYTHM by exploring the essential elements of a positive and caring household. Each of these six key aspects of Practice RHYTHM will be introduced - Regulating Emotional States, a Homely Environment, Yummy Food, Therapeutic Treatment Plans, Healthy Mind, Body & Spirit, and Maintaining the Rhythm.

Session includes:

- Introducing the components of a healing environment
- The importance of implementing a practice framework at a program level
- How your program, staff and clients can benefit from the implementation of this practice framework
- How this model compliments Sanctuary and Jasper Mountain frameworks of care



Gregory Nicolau is the company Director and Consultant Psychologist. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He has an exceptional reputation for dealing with complex cases and situations in a compassionate and focused manner. He's transparent in dealing with staff and organisations and able to challenge when appropriate. He enjoys supporting people to deliver the best outcomes for children and is an experienced trainer, facilitator and case supervisor. Gregory is also founder and chair of Random Acts of Kindness.



Nick Grainger has a 10-year background of working within the out-of-home care sector. He has considerable experience working with vulnerable and high-risk young people and families in out-of-home care and educational settings, and is recognised for his calm and compassionate approach. Nick has a particular interest in the educating and skilling of people and has continued to work in the education sector as a facilitator and directly with schools regarding the effects of trauma and abuse. Nick also has extensive management experience in the community not-for-profit sector across residential care, lead tenant and adolescent community placement programs.

Seminar Enquiries to:

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