

SEEING



THINKING



DOING

Presented by Nick Grainger

Wednesday 5 November 2014

'Seeing, Thinking, Doing' provides a personal framework to stay calm and 'stay the course'. Working with children who can be extremely reactive to the world around them and in particular to those adults who are committed to them, can be very confronting for carers, case workers and teachers. Maintaining your role as the 'captain of the ship' or the 'driver of the school bus' can take an enormous amount of energy when children and young people are threatening, spitting, swearing, and running away.

The objectives of this seminar are:

- To understand how energy can be transferred from one person to another, triggering unwanted reactions
- To develop an awareness of your own triggers and internal reactions to children and young people's challenging behaviours
- To explore the reasons we sometimes See, Do, Think rather than See, Think, Do
- To develop a personal safety plan for when you feel threatened
- To adopt the 'Seeing, Thinking, Doing' framework when responding to children and young people

Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Mental health professionals
- Youth Justice
- Teachers / teacher's aide
- Student welfare /wellbeing professionals

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Nick Grainger has a 10-year background of working with children, young people and families within the out of home care sector. Nick has considerable experience working with vulnerable and high-risk children and young people in residential and educational settings and is recognised for his calm and compassionate approach. Nick has a particular interest in the educating and skilling of people.

ENQUIRIES e info@theactgroup.com.au t 9415 6066 w theactgroup.com.au



Wednesday 5 November 2014

9.30am
Registration

10.00am - 4.00pm
Skill Bite

VENUE
Treacy Centre
126 The Avenue
Parkville VIC 3052

COST

Workers: \$195+GST
Carers / Full-time Students: \$180+GST

Refreshments, morning tea, lunch & notes provided

PAYMENT OPTIONS

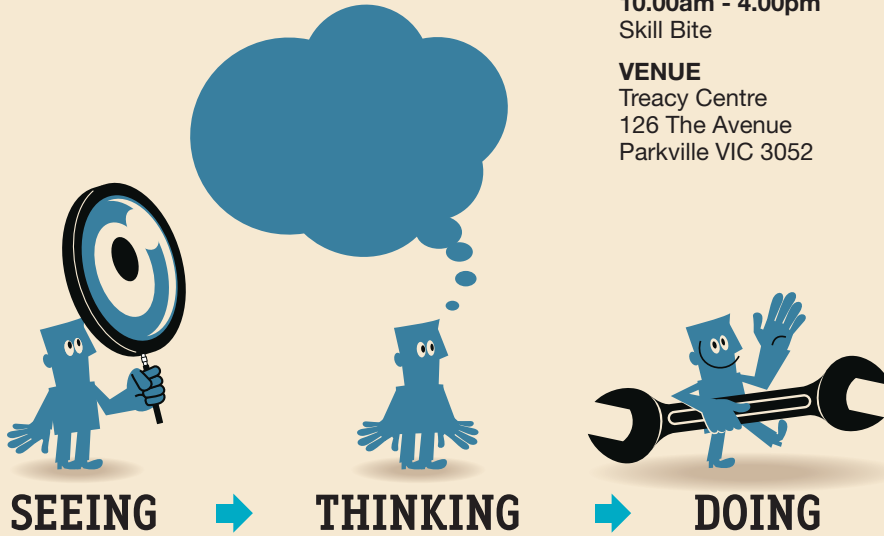
- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group" BSB: 083 218 Account: 519 963 647
- Credit Card / EFTPOS available on the day

Please provide remittance

RSVP

By Wednesday 29 October 2014. Please register via our website (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, Wednesday 29 October 2014.

Places are limited so please register early to avoid missing out



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Mailing Address:

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

Seminar Enquiries and Registrations to:

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