



# MAD, BAD OR SAD? A Pathway to Healing

Presented by Gregory Nicolau

Wednesday 5 March 2014



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It's conclusive – childhood trauma caused by sexual, physical, emotional abuse or neglect 'changes the brain' in ways that impact a child's ability to form strong relationships and be the 'boss of their feelings'.

## The objectives of this seminar are:

- To understand the impact of trauma on our psychological, physiological and spiritual being
- To develop an ability to read the 'signs' of trauma
- To reflect on the ways in which healthy attachments are impacted by trauma
- To explore what to do and when to do it or develop strategies to ease the impact of trauma
- To reflect upon approaches to healthier attachments
- To learn about 'self care' when in the presence of a child's expressed or repressed distress

## Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals

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Gregory Nicolau is the CEO and Consultant Psychologist of Australian Childhood Trauma Group. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He has an exceptional reputation dealing with complex cases and situations in a compassionate and focused manner. He's transparent in dealing with staff and organisations and able to challenge when appropriate. He enjoys supporting people to deliver the best outcomes for children and is an experienced trainer, facilitator and case supervisor. Gregory is also founder and chair of Random Acts of Kindness.



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Wednesday 5 March 2014

9.30am  
Registration

10.00am - 4.00pm  
Seminar

**VENUE**  
Treacy Centre  
126 The Avenue  
Parkville VIC 3052

**COST**

Workers: \$195+GST  
Carers / Full-time Students: \$180+GST  
Refreshments, morning tea, lunch & notes provided

**PAYMENT OPTIONS**

- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group" BSB: 083 218 Account: 519 963 647
- Credit Card / EFTPOS available on the day

**Please provide remittance**

**RSVP**

By Wednesday 26 February 2014. Please register via our website (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, Wednesday 26 February 2014.

**Places are limited so please register early to avoid missing out**



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**Complete this form for manual registration**

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

**Seminar Enquiries and Registrations to:**

[info@theactgroup.com.au](mailto:info@theactgroup.com.au)

PO Box 236, Fitzroy 3065

t 9415 6066 f 9415 6085

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