



# MAD, BAD OR SAD? A Pathway to Healing

Presented by **Gregory Nicolau**

Tuesday 2 December 2014

Purchase  
tickets for  
Homes that Heal  
Training with Mad,  
Bad or Sad? for  
a discount  
price

It's conclusive – childhood trauma caused by sexual, physical, emotional abuse or neglect 'changes the brain' in ways that impact a child's ability to form strong relationships and be the 'boss of their feelings'.

#### The objectives of this seminar are:

- To understand the impact of trauma on our psychological, physiological and spiritual being
- To develop an ability to read the 'signs' of trauma
- To reflect on the ways in which healthy attachments are impacted by trauma
- To explore what to do and when to do it or develop strategies to ease the impact of trauma
- To reflect upon approaches to healthier attachments
- To learn about 'self care' when in the presence of a child's expressed or repressed distress

#### Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals

**REGISTER  
ONLINE NOW**  
[theactgroup.com.au](http://theactgroup.com.au)



Gregory Nicolau is a Melbourne based Consultant Psychologist, Psychotherapist, Family Therapist and Supervisor with 32 years experience working with the most marginalised and vulnerable infants, children, young people and families in our community. He is the founder and current Chief Executive Officer of Australian Childhood Trauma Group which specialises in childhood trauma and attachment, providing therapeutic programs and support services to: government and non government agencies, schools, individuals and families. He has an exceptional reputation for managing complex cases and situations in a compassionate and focused manner. He is transparent in his interactions and is able to challenge as appropriate. He enjoys supporting people and is an excellent trainer, case supervisor and facilitator. Gregory is also the founder and chairperson of Random Acts of Kindness and is currently writing his first book 'Who Cares, Wins'.



# MAD, BAD OR SAD? A Pathway to Healing



Tuesday 2 December 2014

9.30am  
Registration

10.00am - 4.00pm  
Seminar

**VENUE**  
Wollaston Conference Centre  
5 Wollaston Rd  
Mt Claremont WA 6010  
(Access from Rochdale Road)

**RSVP**  
By Tuesday 25 November 2014.  
Please register via our website  
(preferred) or complete  
registration form and post/fax.  
Cancellations must be received  
no later than 5pm, Tuesday 25  
November 2014.

**Places are limited so  
please register early to  
avoid missing out**

**COST**

Workers: \$195+GST  
Carers / Full-time Students: \$180+GST

Homes that Heal (Dec 03, 2014) &  
Mad, Bad or Sad? – A Pathway to  
Healing for a discount price:

Workers: \$295.00+GST  
Carers / Full-Time Students: \$275.00+GST

Refreshments, morning tea, lunch  
& notes provided

**PAYMENT OPTIONS**

- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group" BSB: 083 218 Account: 519 963 647
- Credit Card / EFTPOS available on the day

**Please provide remittance**

**Buy 5 tickets and get your 6th ticket FREE\*.  
Buy 10 tickets and get your 11th, 12th & 13th tickets FREE\***

\* This offer is only redeemable by contacting ACT Group office on (03) 9415 6066 & tickets must be purchased on the same occasion in one transaction. See website for full terms and conditions



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**Complete this form for manual registration**

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

**Seminar Enquiries and Registrations to:**

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