

This FREE event is for Kinship Carers



MAD, BAD OR SAD? A Pathway to Healing for Kinship Carers

The path of a Kinship Carer can often be isolating and fraught with difficulties, hardships and feelings of hopelessness. You are not alone! We understand the unique issues you face and will provide an environment of support and learning to help you on your journey.

It's conclusive – childhood trauma caused by sexual, physical, emotional abuse or neglect 'changes the brain' in ways that impact a child's ability to form strong relationships and be the 'boss of their feelings'.

The objectives of this seminar are:

- To understand the impact of childhood trauma on our mind, body and spirit
- To learn how to read the behaviour 'signs' of childhood trauma and distress
- To understand how relationships and healthy functioning are impacted by experiences of childhood trauma
- To explore what to do and when to do it in order to ease the impacts of childhood trauma
- To understand how to build healthy relationships with children who have experienced trauma
- To investigate the way the brain of a traumatised child 'thinks'



Gregory Nicolau is the CEO and lead Consultant Psychologist of Australian Childhood Trauma Group. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He enjoys supporting people to deliver the best outcomes for children and is an experienced trainer, facilitator and case supervisor.



Nick Grainger has a 10-year background of working with children, young people and families within the out of home care sector. Nick has considerable experience working with vulnerable and high-risk children and young people in residential and educational settings and is recognised for his calm and compassionate approach. Nick has a particular interest in the educating and skilling of people.

REGISTRATION
9.00am

SEMINAR
9.30am - 3.00pm

COST
FREE

A limited number of kinship staff placements also available
Refreshments, morning tea, lunch & notes provided

RSVP

Via our website (preferred) or complete registration form and post/fax.

Places are limited so please register early to avoid missing out

REGION	DATE	VENUE
Melbourne - South & East	28 November 2012	Wesley Mission Victoria Ground Floor Conference Room 280 Thomas St , Dandenong 3175
Loddon Mallee	6 December 2012	Beehive Building 1st Floor, 18 – 20 Pall Mall Bendigo 3552
Melbourne – North & West	21 February 2013	Edgar Lynch Training & Meeting Rooms 3 St David Street, Fitzroy 3065
Grampians	7 March 2013	Child & Family Services 119 Lydiard Street North Ballarat 3350
Hume	19 March 2013	Upper Murray Family Care Suite 6, 91 Hume Street Wodonga 3690
Barwon – South Western	18 April 2013	Bethany Community Support 16 Ballarat Road Hamlyn Heights 3215
Gippsland	2 May 2013	Berry Street 37 Elgin Street , Morwell 3840

Please note that you do not necessarily have to attend the event in your region. You can attend the event which is closest to where you live.

Complete this form for manual registration and post or fax

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email
- Please advise of any special requirements e.g dietary



Seminar Enquiries and Registrations to:

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