

ABOUT AUSTRALIAN CHILDHOOD TRAUMA GROUP



Australian Childhood Trauma Group specialises in childhood trauma and attachment, providing support services to government and non-government agencies, including secondary consultation, training, program review, assessment, referral, and research.

Our services are founded on a practical and evidenced based paradigm. We have an expert understanding of the issues facing infants, children, young people and families in the Out of Home Care, Education and Youth Justice sectors. We work with those who may be under psychological stress and may be experiencing behaviour management issues. We provide a wide range of support services, which are tailored to suit the needs of individual workers, programs and agencies.

ABOUT GREGORY NICOLAU

Gregory is a Melbourne based Consultant Psychologist, Psychotherapist, Family Therapist and Supervisor with more than 30 years experience of working with challenging and traumatised children and their families. He is well known in the North-West Metropolitan Region providing consultations and training through START to the Out of Home Care sector. Gregory also successfully runs a private practice providing consulting, training, and supervision services to community service organisations, government agencies and the education sector, with an emphasis on helping workers and carers translate theory into practice. Currently Gregory is writing his first book, Who Cares, Wins.



ABOUT NICK GRAINGER

Nick Grainger has a 10 year background of working with young people and families within the Out of Home care sector. Nick has considerable experience working with vulnerable and high-risk young people in residential and educational settings, and is recognised for his calm and compassionate approach. Nick has a particular interest in the educating and skilling of people and continues to work in the education sector as a facilitator and directly with schools regarding the effects of trauma. Nick also has strong management experience in the community sector across a range of service areas.



ABOUT MAREE ITALIANO

Maree Italiano has a 5 year background of working with families, infants, children and young people who have experienced abuse, trauma and family dysfunction. Her experience includes working as a Team Leader in the Out of Home Care Sector in Victoria in both Foster Care and Kinship Care. Her main goal for working in this field is to assist infants, children and young people to reach their full potential despite the difficult experience they have endured. Maree has returned to study to pursue other areas of professional interest including communications, writing and program management.



CAP

CASE ASSISTANCE PROGRAM



SUPPORTING GROWTH & LEARNING



australian
childhood
trauma
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WHAT IS A CAP?

If you work with children, young people and families who have experienced trauma, abuse and family dysfunction, Australian Childhood Trauma Group can provide you with a Case Assistance Program (CAP), a tailored suite of services designed to meet the unique training and support needs of your program and organisation.

CAP ALLOWS ACCESS TO A RANGE OF SERVICES THAT YOU CAN USE TO SUPPORT AND ENHANCE YOUR WORK AND THAT OF YOUR TEAM, IN REACHING BEST POSSIBLE OUTCOMES FOR VULNERABLE CHILDREN, YOUNG PEOPLE AND FAMILIES. CAP SERVICES INCLUDE:

• Secondary Consultation

Case-specific support, provided to assist workers and carers who may require extra assistance to manage the complexities of a case.

• Training

Training can be customised to meet the needs of individuals or groups and can occur at your workplace, a carer's home or another agreed venue.

• Professional Supervision & Coaching

Professional supervision and coaching can be provided to assist staff at any level to enhance reflective practice. The number of sessions can be tailored to meet the specific needs of the individual or group.

• Psychological & Psychiatric Assessment

We provide psychometric testing, psychiatric assessments and deliver a range of other allied health interventions including occupational and speech therapy and/or referral to other appropriate services. This service includes the provision of written reports with recommendations.

• Development of Therapeutic Treatment Plans (TTP)

Knowing what to do and when to do it is critical in the healing process of infants, children and young people who have been harmed. TTP provide workers, carers and teachers with an easy to follow process that is action orientated to meet the developmental needs of your clients. It is a road map for change and healing.

• Staff Debriefing

Critical incidents create stress that often impact on a person's normal psychological ability to cope and/or confidently manage their workload. We can provide individual and group debriefing at our consulting offices or at your workplace to assist staff in managing the impact of such events.

• Telephone, Email & Support Services

These services are provided as part of the tailored package and may include telephone or email consultations (a fair use policy applies), and administrative support.

• Benefits to Your Organisation

Customising a CAP can benefit your organisation by providing:

- The opportunity for Australian Childhood Trauma Group to build a relationship with your program, to understand the philosophy of your work and assist in the achievement of your professional goals.
- Discounted rates for accessing multiple services.
- Having a variety of your training and support needs met by the one service provider.

• Contact Us

Contact us to enquire about how we can tailor a package to your budget:

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