Therapeutic Care – from principles to practice

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The aim of therapeutic care

• The disturbed child
• Multiple aims
Understanding the child’s experience

• The normative child
• The traumatised child
• The therapeutic task
Attunement to the child’s communication

• Regression
• Modulation of the relationship
• Internal resources and emotional space
Maintenance of boundaries

• The multiple meaning of boundaries
  (i) as a container
  (ii) as a separation
  (iii) as reality testing

• Consistency

• Non-punitive
Transitions

• Preparation
• Structure

• Different types of transition
  (i) school
  (ii) access
  (iii) adolescence
Therapeutic care in action

• Sharon