

# THE OCCASIONAL DEBRIEFER – Helping Children Make Sense of Trauma



australian  
childhood  
trauma  
group

**Speaker: Nick Grainger**

**18 May 2012**

**SKILL BITE**



**FULL DAY**

**Date**  
18/05/2012

**Time**  
Registration: 9.30am  
Skill Bite: 10am - 4pm

**Location**  
Edgar Lynch Training & Meeting Rooms  
3 St David Street, Fitzroy, Australia 3065

**Cost**  
Workers: \$195+GST  
Carers / Full-time Students: \$180+GST

As workers and carers we understand the need to debrief following a critical incident. Many children and young people have difficulty communicating with unfamiliar people. Why would they share their inner thoughts with a stranger in order to debrief? You may be the best person to help them understand a difficult event that has taken place. This Skill Bite will introduce participants to methods of supporting the needs of children and young people following a critical event. You will learn how to help them understand their experiences and make sense of what has occurred.

#### **Skill Bite Objectives:**

- To explore methods of effectively debriefing children and young people
- To identify the key components of debriefing
- To promote the effective use of debriefing techniques with children and young people
- To understand the contextual use of debriefing strategies
- To identify situations where debriefing strategies are important to use
- To explore what critical events are normally comprised of

#### **Suitable Audience:**

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals



Nick Grainger has a 10 year background of working with children, young people and families within the out of home care sector. Nick has considerable experience working with vulnerable and high-risk young people in residential and educational settings and is recognised for his calm and compassionate approach. Nick has a particular interest in the educating and skilling of people and has continued to work in the education sector as a facilitator and directly with schools regarding the effects of trauma. Nick also has extensive management experience in the not-for-profit sector, overseeing re-structuring of residential care, adolescent community placement and lead tenant programs.

**REGISTER  
NOW**  
**click here**

#### **ENQUIRIES**

e [info@theactgroup.com.au](mailto:info@theactgroup.com.au) t 9415 6066 m 0419 853 888

edgar  
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TRAINING  
& MEETING  
ROOMS



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Registration

**10am - 4pm**  
Skill Bite

**VENUE**

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Training & Meeting Rooms  
3 St David Street  
Fitzroy 3065

**COST**

Workers: \$195+GST  
Carers / Full-time Students:  
\$180+GST

Refreshments, morning tea,  
lunch & notes provided

**PAYMENT OPTIONS**

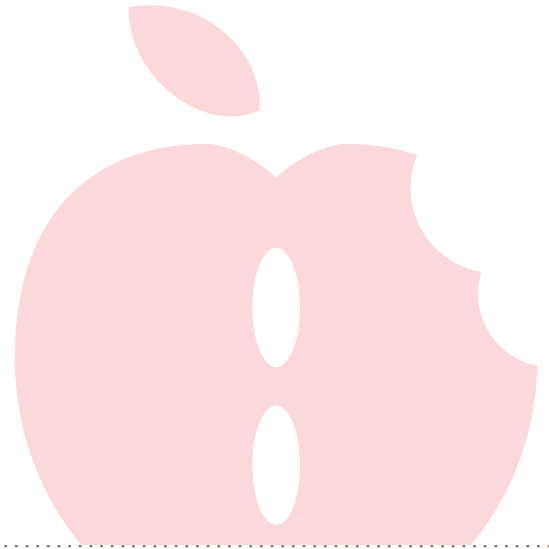
- Cheques/Money Orders made payable to “Australian Childhood Trauma Group”
- Electronic direct deposit to: “Australian Childhood Trauma Group”  
BSB: 083 218 Account: 519 963 647
- Credit Card/ EFTPOS available on the day

**Please provide remittance**

**RSVP**

By 11 May 2012. Please send the required information in an email (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, 11 May 2012.

**Places are limited so please book early to avoid missing out!**



**Print this form for manual registration**

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

(Please provide billing contact details if different from agency details provided above)

Name & Email Address of Each Participant:

| PARTICIPANT NAME | EMAIL ADDRESS | CARER / WORKER |
|------------------|---------------|----------------|
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|                  |               |                |

- Participants will receive a letter of confirmation via email upon receipt of payment
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

**Seminar Enquiries and Registrations to:**  
info@theactgroup.com.au  
PO Box 236, Fitzroy 3065  
t 9415 6066 f 9415 6085 m 0419 853 888



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